



Davenant Newsletter

Spring Term 2024-2025 | Issue 2

“Nurturing Mind, Body and Spirit”

INSIDE THIS ISSUE:

Message from the
Headteacher

Art Department
and Creative Hub
Club

Performing Arts

Sport and Health

Water Bottles
Lost Property
First Aid

Careers

Safeguarding

Parents'
Association

Prayer Letter

In the Community



Key Dates

These dates are correct at the time of publication, please refer to the calendar on the website for changes and additions to these dates.

Return to School after Easter: Wednesday 23rd April (Week 1)

Tuesday 22nd April
INSET Day

Thursday 24th April
Year 10 Parents Evening

Monday 5th May
Bank Holiday

Wednesday 7th May
External Welcome Event (Sixth Form)

Thursday 8th May
Year 7 Parents Evening

Thursday 8th May
Prayer Meeting

Friday 16th May
Year 8 HPV Vaccine

Monday 19th May
Year 8 HPV Vaccine

Friday 23rd May
Last Day of School for half term
holidays

Return to school after Half Term: Monday 2nd June 2025



Scan and sign up to our Alumni if you were once a Davenant Student. Please also pass it on to children who have left.

Message from the Headteacher

Dear all, I would like to firstly thank everyone who has supported and helped our community this term. It has been a short one but very packed. We have had some very successful parents'/carers' and options evenings, a wonderful performance of Beauty and the Beast as well as numerous trips, visits and clubs. We have something very special here at Davenant and the opportunities for young people are plentiful. I would love every child to have taken part in a club or trip by the end of the year.

Our Tennis courts are being resurfaced this Easter with money from the Whitechapel Foundation which will be a real blessing for our students and PE staff. The current courts were named in memory of Harri Varda, who died in January 2015. Harri was a keen tennis player and after his passing, his friends and family raised money through tennis events and a funding page. We are pleased to say that our new courts will again be named in his memory.



Today, Duke of Edinburgh are off to the New Forest, with much better weather than last year, and our girls are off on a Netball tour to France. Later this Easter, Gold Duke of Edinburgh will be in the Brecon Beacons enjoying the hikes and challenges. Please remember to thank the staff that give up their time for fixtures, trips and visits. It's not a holiday when you are looking after 30+ teenagers on a trip, it is rewarding and wonderful relationships are built but a holiday it is not; those thank yous make a huge difference

With the challenges we have financially, I would like to say a huge thank you to our Parents' Association who work tirelessly to raise money for our school so we can have mini busses, buy equipment and resources for the extra-curricular clubs and continue what makes this school community special. Thank you to all who bought a Wicked Bar: over £1000 has been raised and the students are happily collecting their prizes. Please keep supporting the wonderful work they do, it makes such a difference.



Spring is in the air and our Japanese Cherry Blossom Trees, a gift from Japan, have blossomed for the first time. They will look magnificent in the years to come. We are so blessed to be nestled in Epping Forest and Green belt land and visitors always comment on what amazing views we have as a school. Sometimes, we just have to stop and look around at the beauty in the world, especially in this fast-paced, electronic world we are living in. This Easter, as you spend time with your family, let us all slow down, enjoy the time we have and the wonder of the world, as we celebrate the resurrection.

Happy Easter God Bless. *Mr Thorne*

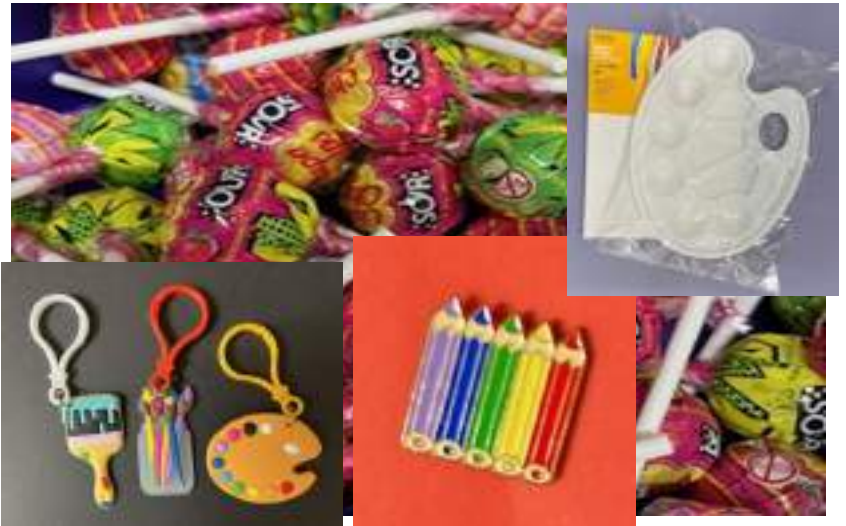


Art & Design Department



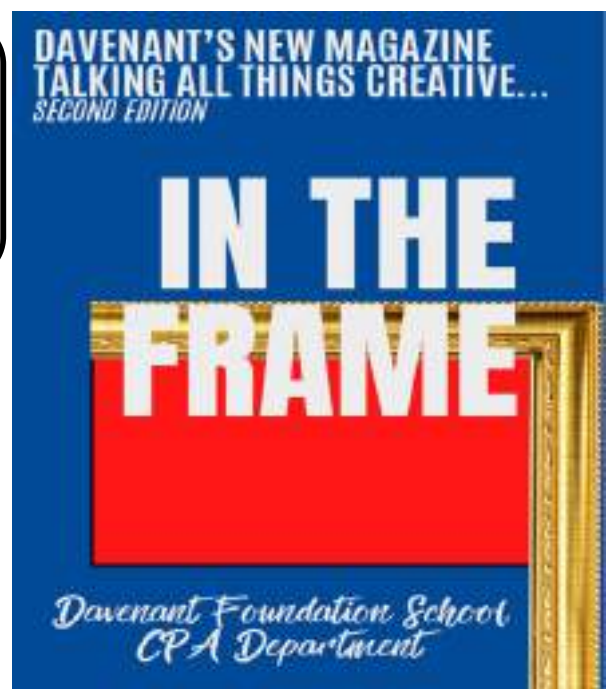
Since September, the Art and Design Department have been running a loyalty card scheme. For each level of card completed there are prizes to be won. Stamps are awarded for hard work, great effort, positive class participation and excellent creative thinking.

Lollipops, key rings, enamel pin badges as well as Art & Design materials are up for grabs.



Please find a link to the 2nd edition of the Creative Department Magazine
'In the Frame'

https://www.canva.com/design/DAGWWaFmKJA/jr8UsX SW 2b65gk5PP Ow/watch?utm_content=DAGWWaFmKJA&utm_campaign=designshare&utm_medium=link2&utm_source=uniquelin&utm_id=hdbd43b67c3





Performing Arts

Music Tuition

Sign up NOW for SUMMER TERM April-July 2025

ON PARENT PAY NOW

Closing Date for signing up 21st APRIL 2025—see details

Tuition sign up info:

MUSIC & DRAMA TUITION

Music Tuition starts again the week commencing the **28th April & 5th May 2025**

If your son/daughter is taking Music or Drama GCSE/A' Level then tuition will greatly aid their performance grade. Beginner piano skills are considered a distinct advantage to those taking music as the composition element of the course is programmed using the keyboard.

SIGN UP FOR TUITION SUMMER MUSIC & LAMDA (Drama) TUITION

If you **have not** completed a Google Form since SEPTEMBER please complete a Google Form, if you did complete a form we are assuming you are carrying on with lessons the SAME as AUTUMN term unless you have informed us otherwise. [TUITION GOOGLE FORM](#)

Please send an email to confirm you are not continuing with lessons.

If you are continuing with lessons payment **must** be received on Parent Pay by **21st APRIL 2025**. Please detail in the notes section the lesson/s you are signing up for. Applications after this date **will not be** successful. It is an 11 week term and so there is not enough time to chase up payments and set out the timetables before the lessons are due to start. There is only enough weeks for the timetables to exactly 10 weeks so limited time for catch up lessons.

This Google form **MUST** be completed if you are signing up for the first time lessons or if you are on PUPIL PREMIUM: [TUITION GOOGLE FORM](#)

- Remember to pay for lessons on PARENTPAY – the standard term fee for 10 weeks of 30 minutes is £215. Parent Pay option open now.
- If you require instrument hire: add £30 to lesson fee
- Please specify the instrument/singing/Drama to NOTES section

Lessons start staggered - weeks beginning 28th April and the 5th May 2025 for next term as it is a shorter than usual term. PLEASE look out for the communications after sign up regarding week starting.

Please ensure you have read the full terms and conditions on Davenport website under Performing Arts before signing up and the separate communications that are sent by email.

With best wishes,

Davenport Performing Arts Department



Performing Arts

Music and Drama Tuition cont.

IMPORTANT INFORMATION TO NOTE:

Lessons are timetabled during the school day. Lessons are usually on the same day of the week but times are rotated so that students do not miss too much of the same subject. The lesson time and day will be posted on their Google Classroom and is printed on a timetable outside the Music Office every FRIDAY for the following week. It is vital that students check these. Changes to the timetable MUST be requested by 11am the following MONDAY morning.

Lesson times are occasionally subject to change due to events outside our control (sporting events/assessments/room changes/teacher absence or schedules/other school events) so we advise students always to double check on the morning of the lesson. We will do all we can to make sure changes are communicated in good time and if a change is particularly short notice we may go and collect your child from their class to ensure they make their lesson.

If you need to change the lesson time booked (for example due to Dentist/Doctor appointments/Exams/assessments/family issues) you must give 48 hours' notice otherwise the lesson is still charged and not rescheduled. If you need to change a lesson and give sufficient notice we will endeavour to reschedule for the same day or add as a catch up lesson later in the term.

More information is available on the school website PERFORMING ARTS/Tuition.

If your child has school tuition it is mandatory that they join a school ensemble. Obviously those who learn outside school are more than welcome too!

If you still have questions please email: charlotte.santer@davenant.org who is the Performing Arts Administrator.

With best wishes,

Davenant Performing Arts Department

Music events SUMMER term:

CHELMSFORD CATHEDRAL TRIP

Celebrating Secondary school Music in Essex

Wednesday 18th JUNE 2025

RECITAL FOR All Years

3rd June 2025

5-7pm School Hall

SUMMER CONCERTS

ALL YEAR 7's PERFORM

Tuesday 8th July

Wednesday 9th July

7pm — School Hall



Performing Arts: Music Exams

ABRSM exam congratulations:

T Ocharo Violin Grade 1 Pass

A Hallouma Piano Grade 3 Merit

H Hughes Violin Grade 4 Merit

L Manoli Flute Grade 4 Pass

M Bruton Trombone Grade 5 Merit



Performing Arts



Review: "Beauty and the Beast Jr." Musical

"A Tale as Old as Time Comes to Life at Davenant"

Davenant's junior adaptation of Beauty and the Beast brought all the magic of Disney's beloved musical to audiences of over 850, including two local schools, and did not disappoint. From the moment the curtains opened, the show transported the audience into the charming world of Belle, a book-loving young woman, and the Beast, a prince cursed to find true love before time runs out.



The cast, comprised of actors across Years 7-13, showcased an impressive level of talent and energy. The lead roles of Belle, A Osborn and L Windust, and the Beast, G Koskinas, were beautifully performed and sung. Belle exuding warmth and independence while the Beast captured the depth of his character's struggle. Lumière, E Lovell and A York, and Cogsworth, P Maust and I Judd, provided fantastic comedic timing, keeping the audience entertained with their witty banter and lively stage presence.

A Cheal and L Anemouri, as Gaston and Le Fou, were equally humorous and well executed characters, with the height difference being comedic genius. The musical numbers of 'Gaston' and 'Mob Song' were highlights of the show.

The enchanted objects, A Rumbelow, M Bentley, V Michl, R McGovern, P Watan, I Lester, C Taylor and F Simmance added vibrancy and enthusiasm to the cast. Creating a lively spectacle that was a crowd-pleasing 'Be My Guest' and a heart-warming 'Human Again'. Gaining the audience's sentiment with the heartfelt title song, 'Beauty and the Beast.'

This followed through to all the supporting cast of the ensemble, villagers, the very funny 'les filles' and narrators who handled all of the choreography, especially during the dining hall scene and in the tavern, was especially well-executed, and ones which the audience particularly enjoyed. The young performers acted all of the musical numbers with confidence, making the show a true delight to watch.

The set design was simple yet effective, transporting the audience from the quaint village to the Beast's castle with a quick turn around. This was ably put together by Mrs P Allen, Mr T Beaumont and his set building team. The costumes were delightful, particularly the enchanted objects, assembled by Mrs P Allen, Mrs M Husted-Smith and the Christian Drama Resource Centre.

Many students took part behind the scenes, in making costumes and scenery, all of the production: sound, lighting and stage crew (lead by Mr Burns), being on the front desk, as CPA Ambassadors, making and selling merchandise and cakes. It was a true creative and performing arts team affair!

This production of Beauty and the Beast Jr. was an enjoyable performance that showcased the hard work and dedication of its young cast and performance teachers: Mrs Flanagan, Mrs Brooks and Mrs Tubb. The audience was thoroughly engaged, laughing at the humour and touched by the story's emotional moments giving a standing ovation at the end. Whether young or old, everyone left reminded of the timeless lesson: true beauty lies within.





Sport and Health

The second half of the Spring term has been as frantic as the first with a large number of fixtures/festivals/events providing competition to a wide variety of students across traditional winter/spring sports including Football, Cross Country, Indoor athletics, Netball, Swimming as well as a bespoke inclusive event

Football News

ESSEX SCHOOLS CUP:

The last team standing in this competition was the U13 girls. They played Woodbridge HS on Friday 7th March and after a tough battle they came out as winners beating them 3-2. This put them under pressure as the delays, due to adverse weather, meant that the next round had to be played the following week and our new opposition, Shenfield HS, only had Monday 10th March at 1pm available. The girls, although would have welcomed more time to fully prepare for the next round, made themselves available to face their hardest opposition yet. The team played superb football and tried their hardest to gain an advantage over a highly skilled Shenfield team who boasted an array of academy players but were unable to match their striking power. The Davenant football girls season ended at the quarter final stage however we are so proud of their commitment, resilience and attitude, they are a credit to the school and hopefully they will go even further next season.

WESSA DISTRICT FOOTBALL

The second half of the Spring term has seen a flurry of district games being played as the final date for all fixtures is the first week back after Easter. We have one team that looks likely to make the finals, and two others teams that are very close but other results will be the determining factor. Finals will be early May so it will be the first Summer newsletter that will report on our success or near-successes!!!!

The girls smaller sided District Championships started in the middle of March and the Year 7 team were outstanding winning all their matches during the one-day event and now moving onto the final against the winning Harlow team. The Year 8 didn't do as well but nevertheless were amazing considering that half the team had to withdraw due to injuries on the morning of the event. In a mad rush to get a team organised, girls were recruited on whether they had kit rather than their footballing talent, and they didn't let us down, winning 1 game, drawing 4 and only losing 1 which left them in 3rd place. Such a truly inspirational result highlighting the school spirit and willingness to do their best at all times.

Thank you to all the girls that represented in the small sided district football competition you are superstars!!!



Year 7 District 6 Aside Winners



Sport and Health

Cross Country - WESSA

The Essex Schools Year 7 & Year 8 cross country event took place on the 25th February and all the Davenant students did really well, with three outstanding results which gave them direct selection for the Essex County team, namely I. Machine, R. Anderson and S. Stephenson – **well done!!**



I Machine



S. Stephenson & R. Anderson

Sportshall Athletics

The annual sportshall athletics qualifier took place at the end of February and Davenant entered two boys and girls Year 7 and Year 8 team; both our A teams won the qualifier which made them eligible for the Essex finals hosted in Southend Leisure Centre on the 18th March.

The Year 7 boys and girls travelled early on the 18th and faced more than 8 other schools in the finals. Both teams achieved higher scores than in the qualifiers with the Year 7 Boys managing a fantastic third place and were awarded medals for their endeavours. The girls finished in a respectable 5th place.



Sports Hall Athletics Year 7 Teams

The Year 8 boys and girls teams travelled midday to the afternoon event and again achieved higher results than their qualifier round. The Year 8 boys narrowly missed, by a single point, on a 3rd place and the girls finished in 6th place although there were 11 teams in the Year 8 category.



Sports Hall Athletics Year 8 Teams



Another great showing of the talent we boast at Davenant, well done to all participants.



Sport and Health

Indoor Athletics

Straight after half term we had the Year 7 indoor Athletics qualifiers, and again we took two boys and two girls teams to Lee Valley Athletic Centre where for many this would have been their first experience of competing in a National indoor athletics arena. The students continued to demonstrate their athletic ability with both the A teams qualifying for the finals, while both the B teams narrowly missed out on a top 12 place.

The finals were hosted on the 26th March with 24 teams in each event (boys and girls) so it was a very loud, hectic competition. The enormity of the occasion didn't affect either of the teams with both achieving higher scores than the qualifying round. Notable performances came from R. Anderson who took 1st place in the girls 60m hurdles, and O.Cella who got 2nd place in the shot put and the girls 4 x 200 metre relay also finished in 2nd place, these scores combined with the other events gave the girls team second place overall which was an outstanding achievement. The boys, although beating their qualifying score, didn't manage to finish in the top three although they were a very respectable 7th place out of 48 participating teams which was a great achievement; notable performances came in the 200 metres A. Williams 2nd place, Hurdles M. Adams 3rd place and 4th place in the 4 x 200metre relay.



2024/2025 Schools Indoor Athletics Championships
Year 7 Girls 2ND Place

Netball WESSA Tournaments

The conclusion of the WESSA Netball league/festival has been keeping the netballers really busy recently. We have definitely seen improvement across all the teams with the Year 7 finishing in second place in the combined league/festival, Year 8 winning their age group and moving onto the final, Year 9 finishing in 5th place overall and U16s in 4th place.



Year 7 Netball Team



Year 9 Netball Team



Sport and Health

Netball WESSA Tournaments *cont.*

The Year 8's faced Sir Frederick Gibberd School in the West Essex and Harlow Netball Final Wednesday 2nd April, and blew the opposition away winning the title 31-14 – great game girls – fantastic end to a brilliant season.

We are hoping you continue with your winning form on tour.

Good luck to all the girls going on the Netball tour.



Year 8 Netball 2024/25 Winners of the West Essex & Harlow Cup

Swimming Gala

The inter-house gala highlighted some really talented swimmers and gave us a wealth of choice for the District galas going forward. The top spot went to Whitechapel with a score of 103 points – they managed to recruit sufficient students to have representation in every race and in every age group; second place was taken by Salisbury with a score of 89 and Whitechapel came in third place with 68 points.

Well done to all who were involved and earned points for their respective Houses.

Inclusion Events

There is an annual secondary school event organised by the School Sports Partnership team hosted again this Year by Debden Park. Ms Ball took 6 students to the event which gave the participants the opportunity to take part in non-traditional activities including boxing, trampolining, golf, which they all thoroughly enjoyed. ***We will definitely be back again next Year!***





Sport and Health

Inclusion Events cont.



Davenant pupils were involved with the School Sports Partnership swim event, the annual Aqua Splash SEND, which was hosted by Davenant. Eight of our sports captains were recruited to help out on the day both in the water and pool side to enable the children to have the maximum enjoyment. The feedback from the organisers were that the students exhibited a professional attitude throughout the occasion, were extremely capable and helpful in assisting the children in the water and poolside and had all participants smiling throughout the activity.

A big thanks to D. Arnold, M. De Aguiar Vieira, J. McCaughley, M. Murphy-Zaleska, F. Owers, J. Pownall-Jones, S. Hau and K. Silva you are a credit to Davenant.

Success Story

D. Osinibi had his official signing day at Brentford recently and his parents sent an email thanking Davenant for their help and support for his early collections every Tuesday and Thursday for training.

D. Osinibi Year 7

D.Osinibi signing for Brentford FC



We do hope everyone has an enjoyable Easter break and comes back raring to go again for the Summer term where cricket, outdoor athletics (Sprint, Hurdles, Throwing – Discus, Javelin, Hammer and Shot, High Jump, Long and Triple Jump), Fitness Suite and Tennis will be on the extra curriculum clubs as well as all activities being offered via the District and Regional competitive programs.



Lost Property

Uniting lost property with owners is important to us. There is a small group of dedicated parent/carer volunteers who regularly give their time on a Wednesday lunchtime to help students find their lost items and these volunteers are located in the "Lost Property Cupboard" near to the swimming pool and gym and students looking for items should go to this area on a Wednesday lunchtime.

However, as we are sure our parents/carers appreciate, this is a large school site and students leave their items in many places. The Lost Property Team can only reunite students with items if the item has been taken to the lost property cupboard or Reception and unfortunately not all items are always found. To that end, **it is essential that all clothing/accessories are properly labelled** with the full name of the student to ease the return process. If the item is labelled, Reception will contact the Form Tutor and/or the parent/carer to let them know the item has been found. Any glasses, jewellery, watches etc. found will be kept in Reception for safe keeping so please encourage your child/ren to visit Student Reception to check. It is the responsibility of the students to keep their items safe and we strongly encourage that they retrace all steps when they have lost belongings.

Thank you for your support and understanding of this process.

Lost Property Volunteers Needed

We are continually looking for Parent/Carer Lost Property Volunteers to help on a Wednesday lunchtime.

Please email reception@davenport.org if you would be interested in helping. Thank you.



Please could you ensure your child has a water bottle with them every day to ensure they do not get dehydrated.

Thank you.



If you are unsure whether to send your child in, there is helpful guidance on the NHS website: <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Should your child require pain relief during the school day, please complete a form from the Davenport website (Parents/Medical Room/Medical Forms) and send in the medication clearly labelled to reception.

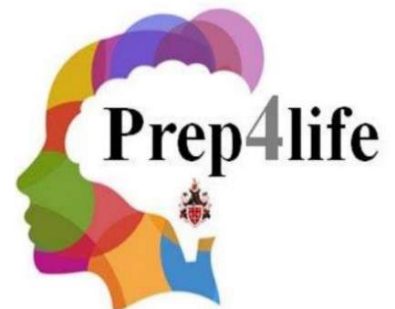
Thank you.



Careers

Exploring different careers

Our Careers Fortnight enabled students from Years 7 to 13 to explore different career paths with talks from a Forensic Accountant from Ankura Consulting, IT Analysts from RTX UK and with an Engineer, a Project Manager and a Commercial Manager from Transport for London (TFL).



Students also found out about different qualifications and options after Davenant with talks from Harlow College, Stansted Airport College and apprenticeship provider, Stace Construction & Property Consultants. Visit our Davenant Careers Site <https://careers.davenant.org/> for more information about post 16 and post 18 options, apprenticeships and to investigate different jobs.





Careers Continued

Davenport Careers Site – visit <https://careers.davenport.org/> for careers information.

The screenshot shows the 'Labour Market Information (LMI)' section of the Davenport Careers Site. It features a blue header with the title 'Labour Market Information (LMI)' and a brief description of LMI. Below this, there's a section for 'Essex LMI' and a specific section for 'Epping Forest'. The 'Epping Forest' section includes statistics on employment (74.7% employed, lower than the national average of 75.5%), unemployment (11.3% unemployed, lower than the national average of 11.6%), salary (38.2% of Epping Forest residents have a Degree or higher, 11.9% below the national average), qualifications, and in-demand skills (Marketing, Finance, Inspiring). There are also links to 'Labour Market Information', 'Epping Forest', and 'West Essex Labour Market Posters'.

Careers Fest 2025

Over 1300 students and parents from Epping Forest (263 from Davenport) attended Careers Fest, the annual careers fair we help to organise as a partner of the Careers Consortium. A variety of employers, colleges and universities were on hand to give careers advice and promote different apprenticeships, jobs and courses.

Careers Fest will be back in 2026!

The image shows the 'CAREERS 2025 FEST' logo in large, stylized letters. Above the logo are logos for the Careers Consortium, Davenport College, Epping Forest, and other partners. To the right of the logo, it says 'Sponsored by CMS law-tax-future'. Below the logo, there are logos for N.C.A. Anthony Architects and Teesside University London.





Careers Continued

Take Your Child to Work Day

This annual initiative held on 20th March enabled Year 10 students to swap school for a day at work with their parent or a family member. A variety of jobs roles were undertaken including electrician, car mechanic, healthcare assistant, hospitality coordinator, financial analyst, solicitor and teaching assistant.

International law firm, Bird & Bird, hosted fifteen Year 10 students at their London office to learn about routes into law and the skills you need to succeed as a solicitor. Students took part in a range of interactive sessions including creating a new chocolate bar, which was then judged by a panel of Intellectual Property solicitors against the criteria to trade mark an original product.

Thank you to Bird & Bird for delivering an inspiring programme of workplace activities and introducing students to the world of commercial law.



What skills do Solicitor Apprentices & Trainees need?



Parent feedback about Child to Work Day has been very positive:

“Thank you for this opportunity. It shows life beyond education and was very valuable.”

“Overall, I feel that this is an excellent initiative. Work experience for children while at school is a valuable tool to provide them with insight into the world of work and exposure to a particular potential future career path. This will be invaluable for their future decisions around careers and further/higher education.”

“It was a good exercise. Just getting a glimpse of a working environment and the rules / etiquette required to get through the day can really focus the mind.”

Mrs Gardner, Careers Leader said “Thank you to parents for supporting this initiative – it was lovely to hear you and your children enjoyed your day together. Feedback from students showed they had a great time learning on the job and discovering the workplace. This in turn will help them to think about the skills employers look for as they continue to explore their future career aspirations. We look forward to Child to Work Day returning next Year.”



Careers Continued

Motivation – it starts with you!

On 26th March, a group of Year 9 students attended a Motivation Conference in Waltham Abbey delivered by the Youth Employment Strategy (YES) Partnership. The aim of the conference is to motivate and encourage young people to say 'yes' to opportunities and to start thinking about the skills they need to succeed in their learning and future career. Volunteers from local businesses and youth organisations facilitated a variety of discussions on topics about success, resilience and having a positive growth mindset, as well as team building activities including building the tallest balloon tower and designing a logo, slogan and packaging for a new chocolate bar. The day enabled students to be creative and work collaboratively whilst helping them to develop their skills in communication and problem solving. The students embraced the conference's challenges and being 'pushed out of their comfort zone' and had an enjoyable and rewarding day.

Mrs Gardner, Careers Leader, said "We were very proud of our Year 9's attitude and behaviour at the conference. Each student made a contribution and you could see their confidence growing as the day progressed. Well done to everyone involved!"



Employer Mock Interviews

Since September our employer partners have conducted over 150 mock interviews with our Year 12 students. This activity enables students to talk about their CV with an industry professional and develop crucial interview techniques to use at future university, apprenticeship or jobs interviews.

Thank you to all our employer partners who have given their valuable time to support our students.

If you would like to take part in our mock interview programme or give a careers talk, please email careers@davenant.org



Safeguarding - Latest Advice for Parents and Carers

The Safeguarding Team – Who we are

Davenant Foundation School's Safeguarding Team have been trained to an advanced level on all aspects of safeguarding. The team is available to any student, parent/carers or staff to discuss and report any safeguarding concerns:

Designated Safeguarding Lead (DSL) : Miss A Cooper

Deputy DSL: Mrs K Davies

Deputy DSL & Head of Sixth Form: Mrs K Fisher

Deputy DSL & Head of Student Services: Mrs J Escott

The Safeguarding Team work closely with Heads of Years and Form Tutors to ensure the emotional wellbeing of our students is maintained. They manage and facilitate the mentors and counsellors who come into the school and who work so closely with our students.

If you have a concern or would like to speak to a member of the Safeguarding Team please email safeguarding@davenant.org

Mental Health and Wellbeing

The mental health and wellbeing of our students is as important to us as their studies. Miss A Cooper is the Mental Health Lead of the School. We work closely with many mentoring and counselling providers and are fortunate to have mentors from Spark 2 Life come in to school two days a week to support our students. We also have a Counsellor and a Mental Health Practitioner from MIND in West Essex. Students in younger year groups can also get access to peer mentors, who are sixth form students willing to mentor and engage with our younger year groups.

The **School Nurse** provision is being brought back into school. We are fortunate to have a Child and Young Person Practitioner (CYYP) allocated to us who will visit the school weekly to hold drop in sessions and meet with students who have been referred to them. Please note this is not a replacement for the GP. The service will provide advice and guidance on a range of things such as anxiety, sleep hygiene, personal hygiene. Those students who are on the waiting list for CAMHS can also be referred. Please contact your Head of Year or the Safeguarding team if you would like your child to be referred to see the CYYP.

Kooth is an online mental health service that we will be promoting in assembly over the next few weeks. It is a free service commissioned by the NHS. We will be sending out a parent email with more information and a short parent video.



Safeguarding Continued



School nurse drop-in

Come and have a confidential chat with your school nurse if you are worried about your health or would just like to find out more about how your school nurse can help you!

You can either just drop in or make an appointment using the contact details below.



Every Wednesday 09:30 - 12:00



In the wellbeing room - near room 36



West Essex Community Nurse Team



hcrgroup.com





Safeguarding Continued

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about SHARING INTIMATE IMAGES

An intimate image depicts sensitive – often sexual – content, and sharing these photos or videos is commonly known as 'sexting'. As of January 2024, it is a criminal offence to distribute any intimate images shared by a third party without consent, with offenders facing prison time. Naturally, misuse of intimate images can lead to emotional distress and reputational damage.

WHAT ARE THE RISKS?

EMOTIONAL DISTRESS

Victims of the misuse of intimate images and so-called 'extortion' (blackmail involving sexual material) often experience significant emotional distress. The threat of having these photos or videos shared publicly can lead to anxiety, depression and a sense of helplessness. This emotional turmoil can affect daily life, academic performance and personal relationships.

DAMAGE TO REPUTATION

Intimate images being made public can severely damage a person's reputation. This can lead to bullying, social exclusion and long-term impacts on personal and professional relationships. If a blackmailer gets their hands on any intimate images, the fear of reputational damage can also make a victim far more vulnerable to ongoing extortion.

PRIVACY VIOLATIONS

Once intimate images are shared online, it can be difficult to quickly control where they wind up and who else sees them. This loss of privacy can have lifelong repercussions, including identity theft and persistent online harassment.

FINANCIAL EXPLOITATION

Perpetrators of extortion may demand money from victims under the threat of releasing their intimate images publicly. This can lead to severe financial problems for victims and their families, compounding their emotional and psychological distress.

LEGAL CONSEQUENCES

If a child or young person creates and/or sends intimate images to others – especially adults – this is considered a form of child abuse under UK law. Having to disclose this type of abuse, although necessary, can be harrowing, leading to further trauma. It's crucial for parents, carers and educators to understand the legal processes and be able to provide proper guidance and support.

TRUST ISSUES

Sharing of intimate images without consent can lead to long-term trust issues. Victims may find it difficult to trust others, impacting future relationships and their ability to form healthy, supportive connections. This erosion of trust can have profound effects on mental health and social wellbeing.

Advice for Parents & Educators

FOSTER A CULTURE OF OPEN COMMUNICATION

It's vital to encourage open communication with children and young people about the dangers of sharing intimate images. Create a safe space where they feel comfortable discussing their online activities and any concerns they may have without fear of judgement. Be sure to respond to any worrying information with an attitude of support and learning.

EDUCATE CHILDREN ON THE RISKS

Children and young people often want to understand why certain rules are in place. Educate them about the risks of sharing intimate images online, explaining the reasons for monitoring and other security measures. Highlight the potential for misuse, including sextortion, and the long-term consequences that can arise from these actions.

PROMOTE DIGITAL LITERACY

Digital literacy is incredibly important for children and young people to understand how to protect their privacy online. Teach them about secure online practices, such as using strong passwords, enabling privacy settings and recognising suspicious behaviour. This empowers them to be proactive in terms of their own safety.

PROVIDE SUPPORT RESOURCES

Ensure that children and young people know where to seek help if they become victims of sextortion or any other online abuse. Help them identify in advance which adults they can turn to and provide them with information about trusted resources like helplines (e.g. Childline) that they can access if they need help.

Meet Our Expert

Gabrielle Russo is a safeguarding and neurodiversity consultant with over 10 years' experience working with children, families and adults in education, local authority and mental health settings in the UK and abroad.



The National College

Source: See full reference list on guide page at: [what-parents-need-to-know-about-sharing-intimate-images](https://nationalcollege.com)

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Safeguarding Continued



 **Mind in West Essex**
Mental Health Support Teams in Schools



Keeping Myself Safe

Non-Emergency Support

SHOUT

- Text SHOUT to 85258 (free, anonymous text crisis messenger, 24/7)

Kooth.com

- www.kooth.com for free, safe, anonymous online mental health support and counselling (age 10-25, 7 days a week until 10pm)



Guided exercises using CBT principles to help manage physical, thought-based and emotional or behaviour changing elements of anxiety.



Free Apps

Helps reduce urges to self-harm and manage emotions in more positive way.

shout
85258



The Mix

Telephone support 3pm-12pm everyday
0800 808 4994

Text crisis messenger 24/7 to 85258
Webchat support www.themix.org.uk/get-support/speak-to-our-team

Childline

1:1 telephone counselling 9am-midnight
everyday 0800 11 11

Switchboard

Confidential service available 10am – 10pm,
every day 365
days a year. Service provides a safe space
listening service via
telephone, email or online chat.

In an emergency

Call 999 or attend A&E



Samaritans

- Telephone support 24/7 on 116 123
- Email support jo@samaritans (24hr response time)

SET CAHMS – Monday to Friday telephone: 0800 953 0222

Out of hours and weekend Crisis Support Service: 0800 995 1000

Young Minds -Text crisis messenger 24/7: text YM to 85258 (free from most mobile networks).

Parents helpline Mon-Fri 9.30am+4pm 0808 802 5544 (free of charge)

Essex County Council Children & Families Hub - Telephone 0345 603 7627

Mon-Fri 9am-5pm. Telephone 0345 606 1212 (out of hours)

Vita Health (16+) -Telephone 0300 0152 966. This is NOT an emergency service. Self-referrals are accepted.

Family Lives - Helpline 0808 800 2222 Email askus@familylives.org.uk



Safeguarding Continued

Information Notice – THC Vapes

Nationally there have been concerns raised with Cannabis vapes and edibles and particularly their use by children, which has led to multiple near-fatal overdoses. There have also been deaths linked to Cannabis edibles in the last two years.

Cannabis is regarded by many as a 'safe' drug, with a low risk of overdose. However, this is not the case and particularly when higher strength THC products are ingested or vaporised, they can easily lead to an overdose.

Worryingly, some edibles products and vape pens sold as containing THC actually contain even more potent chemicals, including synthetic drugs like Spice (SCRAs). SCRAs are not derived from Cannabis but affect the same receptors in the brain. They are also far more potent and carry an even greater risk of overdose leading to breathing difficulties, seizures and even death.

In December, a child in Essex collapsed in school after using another pupil's vape pen. A further similar incident happened in Essex in January and the same school reported they had unsubstantiated reports of similar occurrences in the same school. In both cases, no vape pens were recovered, so we have been unable to submit anything for testing. Several more recent incidents in schools have involved Cannabis edibles, with at least one requiring Hospital treatment.

Areas including Greater Manchester, Yorkshire and Humberside and London have reported multiple similar incidents in schools resulting in Hospital treatment, with a large percentage of the vapes found to contain SCRAs. It is important that any suspicious vapes or edible products are secured and any such incidents reported to Police.

The following BBC documentary is worth a watch: [BBC iPlayer - Drugs Map of Britain - Series 2: 2. THC Vapes](#)



The Safeguarding Team

Designated Safeguarding Lead (DSL) : Miss A Cooper

Deputy DSL: Mrs K Davies

Deputy DSL & Head of Sixth Form: Mrs K Fisher

Deputy DSL & Head of Student Services: Mrs J Escott



Parents' Association

Dear Parents/Carers

Thank you

On behalf of the Parents' Association, we would like to extend our heartfelt thanks to all of you for your incredible support in purchasing the Very Wicked chocolate bars during our Easter fundraiser. Every purchase has helped towards funding various school resources and initiatives that benefit our students. Equally as important, the students had so much fun and won some fabulous prizes!



We would also like to thank the Performing Arts Department for letting us serve refreshments at their outstanding production of Beauty and the Beast.

We are fortunate to be part of such a supportive community. Thank you once again for your generosity and enthusiasm in making our events a success!

Wishing you all a lovely Easter Break and please look out for our summer term events on our Instagram and Facebook pages.



Your PA, davenantpa@hotmail.com





Prayer Letter



Davenport Foundation School

Prayer Letter: April 2025



Firstly, a continuing thank you to all parents who support the school spiritually. We are so grateful for your upholding us in prayer, whether as a parent or a member of the local clergy, or both!

We are always looking for more parents to be involved in the Christian life of the school: from local clergy to lead assemblies to volunteers to get involved in our successful Christian Unions and Jewish Society, or the half-termly prayer meetings that we publicise. These take place in the Arter Library from 6.30pm-7.30pm. If you can only attend part of the evening, that's fine: please feel welcome to pop in.

This week, our assemblies and Thoughts for the Day have been on the subject of Easter. Although the festival is late this year, we want to do our best to prepare students to consider Easter in its true significance: the most important event to ever happen, reconciling humanity to God at God's cost. The week – and the term – will end with our Easter services, led this year by Katie Nicholson from Epping Forest Community Church and Malcolm Macdonald from St Mary's Loughton. Please pray for their messages to inspire and challenge our students.

Last week, our theme for the week focused on the Jewish festival of Passover, which of course Jesus was celebrating with his disciples when he reappropriated its symbols of bread and wine as a memorial of his sacrifice. We thought about the symbols of bread and wine helping us to find freedom from sin, and freedom for a future in God's service. Please pray at this time for our students thinking about their futures, that their ambitions would match those of the Lord Jesus who cares for them more than they do for themselves.

Exam season draws near. We hope you will be holding our young people in prayer as they enter this stressful time of life. Those of us on staff who are Christians will be doing so from our end!

It would be great to see you on Thursday 8th May at 6.30pm at our next Prayer Meeting. It has never been more crucial to support the work of the school with prayer.

The remaining Prayer Meeting for this academic year will be on Thursday 10th July at 6.30pm.



In the Community



UNDERSTANDING ALLERGIES

The Allergy Team is delighted to invite you to a **free** webinar and Q&A.

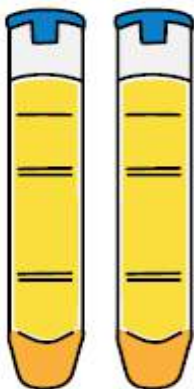


WEDNESDAY
23rd April, 2025



WATCH
8pm-9pm

For parents, carers, school staff, childminders and anyone who would like to understand more about allergies.



Allergy is the most common chronic condition in childhood. Founder of **The Allergy Team** and mother of two boys with allergies, **Sarah Knight** will present an hour long session on what an allergy is, what you can be allergic to and how to look after children with allergies.

The Allergy Team supports families and schools to manage allergies, and co-created the government backed Schools Allergy Code.

REGISTER NOW

To find out more about
The Allergy Team please visit
theallergyteam.com
hello@theallergyteam.com





In the Community



Essex Partnership University
NHS Foundation Trust

Vaccine Catch up Clinics

Has your child missed their school vaccinations?

We are running clinics to catch up!

Monday 7th April and Monday 14th April
St Margaret's Hospital,
Epping, CM16 6TN

Tuesday 8th April and Thursday 17th April
Treehouse Children's Centre, Parnall Road,
Harlow CM18 7NG

Friday 11th April and Wednesday 16th April
New Beginnings Childrens centre,
Loughton, IG10 3HE

Please call
0300 790 0597 to book
an appointment

#GetWinterStrong






In the Community



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 thurrock.gov.uk

3FOOD4U.org

Essex
ACTivate

3FOOD4U.org

FREE EASTER HOLIDAY CLUBS WITH ESSEX ACTIVATE!

8th April - 11th April & 14th April - 17th April

Eligible school aged children and young people are invited to book onto FREE, fun-filled activity clubs who are run by a network of locally, trusted organisations and brought to you by Active Essex, Essex County Council and Thurrock Council, on behalf of the Department for Education!



IS MY CHILD ELIGIBLE?

Clubs offer spaces to primary and secondary school aged children (12-16 years) who are eligible for benefit based free school meals. Limited spaces are available for young people who are also from 'low-income' working families, as well as children who may be vulnerable to inactivity or social isolation.

WHERE WILL THE CLUBS BE RUN?

Clubs will be running at
WAY2000, 154-155 Brooker Rd, Waltham Abbey EN9 1JH 9-1pm
Loughton Youth Centre, 106 Borders Lane, Loughton IG10 3SB 3-7pm

WHAT DO THE CLUBS PROVIDE?

Clubs provide a range of different physical, enrichment and food activities to support children's physical and mental wellbeing, as well as a delicious, nutritious meal!

HOW DO I BOOK ONTO A CLUB?

If you have received a Holiday Activities voucher code, click the link on the voucher to book your child/children onto a club. If you're still awaiting a voucher code, please contact your school. If you aren't eligible for a Holiday Activities voucher as your child/children do not receive benefits based free school meals, please contact a local club directly to book on by heading to our website below.

www.3food4u.org 07973166940 info.3food4u@gmail.com
www.activeessex.org/children-young-people/essex-activate

