



# Welcome to the DofE **GOLD** Award

## **2018-19**

### at Davenant Foundation School



**Video Link:**  
<https://bit.ly/2ISiG0B>



# Introduction and Structure

- Jamie Evans – DofE Leader
- Admin support
- Small number of volunteers



# The DofE is.....

The world's  
leading  
achievement  
award for  
young people

- Non-competitive
- Achievable by all
- Voluntary
- **Personal development**
- Personalised
- Balanced
- Progressive
- Achievement focused
- Demand commitment
- Enjoyable





# DofE - Ages and Awards

Learn



Consolidate



**Excel**



## Bronze

13yrs+ (In current Year 9)

- Volunteering
- Physical
- Skill
- Expedition

## Silver

14yrs+ (In current year 10)

- Volunteering
- Physical
- Skill
- Expedition

## Gold

16yrs+

- Volunteering
- Physical
- Skill
- Expedition
- Residential



# DofE - Sections

## **Volunteering**

Give something back – voluntary and unpaid

## **Physical**

Challenge yourself

## **Skill**

Develop a new skill or improve an existing skill

## **Expedition**

Teamwork, perseverance and resilience

**ONLY FOR THE  
GOLD AWARD**

## **Residential**

Out of your comfort zone, meet new people

# PROGRAMME IDEAS

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you some ideas of things you could do or could use as a starting point to create a programme of your own. You can find more information at [DofE.org/sections](https://www.dofe.org/sections) and there is a range of exciting opportunities to help you complete this section at [DofE.org/finder](https://www.dofe.org/finder). You can use the

programme planners on the website to plan your activity with the support of your DofE Leader.

NOTE: Before you commit to a residential it is important to have approval from your DofE Manager to ensure that it meets all the criteria (see [DofE.org/residential](https://www.dofe.org/residential) for the requirements).

## VOLUNTEERING

### Helping people

- Helping children
- Helping children to read in libraries
- Helping in medical services e.g. Hospitals
- Helping older people
- Helping people in need
- Helping people with special needs
- Tutoring
- Young carer
- Youth work

### Community action & raising awareness

- Campaigning
- Cyber safety
- Council representation
- Drug & alcohol education

- Sea Cadets
- Air Cadets
- Jewish Lads' and Girls' Brigade
- St John Ambulance
- Scout Association
- Air Training Corps
- Army Cadet Force
- Boys' Brigade
- CCF
- Church Lads' & Girls' Brigade
- Girlguiding UK
- Girls' Brigade
- Sports leadership
- Music tuition

## PHYSICAL

### Individual sports

- Airsoft

- Underwater rugby
- Wakeboarding
- Windsurfing

### Dance

- Ballet
- Ballroom dancing
- Belly dancing
- Bhangra dancing
- Ceroc
- Contra dance
- Country & Western
- Flamenco
- Folk dancing
- Jazz
- Line dancing
- Morris dancing
- Salsa (or other Latin styles) dancing
- Scottish/Welsh/Irish dancing
- Street dancing/

- Street luge

### Martial arts

- Aikido
- Capoeira
- Ju Jitsu
- Judo
- Karate
- Kendo
- Mixed martial arts
- Self-defence
- Sumo
- Tae Kwon Do
- Tai Chi

### Team sports

- American football
- Baseball
- Basketball
- Boccia
- Camogie
- Cricket

- Conjuring & magic
- Majorettes
- Puppetry
- Singing
- Speech & drama
- Theatre appreciation
- Ventriloquism
- Yoyo extreme

### Science & technology

- Aerodynamics
- Anatomy
- App design
- Astronomy
- Biology
- Botany
- Chemistry
- Coding/ programming
- Ecology
- Electronics
- Engineering
- Entomology

**GOLD**

**Volunteering 12 months**

**Physical**

one section for  
12 months, the

**Skills**

other for 6 months

*Plus an extra 6  
months in the  
Volunteering,  
or longer of the  
Skills or Physical  
sections, if you  
haven't got Silver.*

**Expedition 4 days 3 nights**



**Residential 5 days 4 nights**





# Choosing sections

- A **massive choice** of activities count towards a DofE programme
- Activities can be something that you are already doing or completely new
- Activities **must be outside of normal school curriculum.**  
Lunch and after school clubs and activities are fine
- The activity should be done for **approximately 1 hour a week**
- **Participants need to have an assessor** for each section of the award who has expertise or knowledge in the activity, this **cannot be a relative**



# Recording and Approving

**eDofE** is the online account participants use to record all their DofE Award



And is also available as an **eDofE** mobile site

<https://m.edofe.org/>

**eDofE** My Bronze DofE programme

Home LifeZone DofE.org Shop Sign out

You are here > My Bronze DofE > Physical

**My Physical section**

Status: Not started

Timescale: 3 Months

\* Start date: 17/04/2014

Earliest completion date:

\* Type/category of activity: Team sports

\* Detailed activity chosen: Rugby Football Union

\* Where are you going to do it? St Mary's School, Thur

22/140 characters used

\* What are your goals? What do you want to achieve?

0/140 characters used

**Communications**

Messages: 1 (1)

News

Contacts

**The LifeZone**

Your first stop for support on careers, study & life decisions

**DofE Shopping**

DofE clothing, DofE essential Leader resources, kit list & deals

**ADVERTISEMENTS FROM OUR PARTNERS:**

**Expedition kit**

Get the official DofE Expedition Kit List and expert kit advice

**Driving**

Save on young driver lessons

**CEOP REPORT**

ceop.police.uk



**OR**

# Book

**Online** <https://edofe.org/Assessor>





**Video Link:**  
**<https://bit.ly/2pSTJtq>**







# Expedition Section



## Criteria:

- Unaccompanied journeying in groups between 4-7
- Remotely supervised
- Training, Practice and Qualifying expedition
  - Training and practice expedition is an opportunity to try out new skills and make mistakes (getting lost)
  - Qualified expedition is assessed by an independent person – assessor is looking for groups to meet the 20 conditions set by DofE
    - *20 Conditions found on the DofE Website*



# Expedition Section

Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
<b>Bronze</b>	<b>Including.. Camp craft Map Skills, First Aid,</b>	<b>Minimum 1 days and 1 night</b>	<b>2 days and 1 night</b>	<b>At least 6 hours during the daytime (at least 3 of which must be spent journeying)</b>
<b>Silver</b>	<b>Including..Camp craft Map Skills, First Aid,</b>	<b>Minimum 2 days and 2 night</b>	<b>3 days and 2 night</b>	<b>At least 7 hours during the daytime (at least 3.5 of which must be spent journeying)</b>
<b>Gold</b>	<b>Including..Camp craft Map Skills, First Aid,</b>	<b>Minimum 2 days and 2 night</b>	<b>4 days and 3 night</b>	<b>At least 8 hours during the daytime (at least 4 of which must be spent journeying)</b>

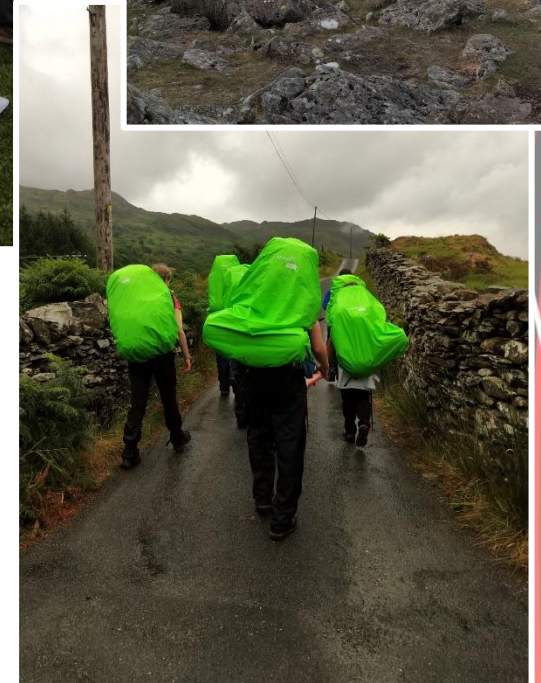




# **GOLD**

## **Snowdonia**

### **2018**







# Expedition Dates and Locations

- Training and Practice



- Lake District
- 15<sup>th</sup> April to 19<sup>th</sup> April
- Plan – D1 travel, acclimatise, campcraft training, first aid and route planning. D2 navigation and instructor led walk to camp, D3 and 4 practice and start route plan for Assessment and Gold forms, D5 complete and travel home

- Assessment



- Snowdonia
- 15<sup>th</sup> July to 20<sup>th</sup> July
- Plan – D1 travel, acclimatise and set up tents, D2 to D5 Assessment. D5 evening presentation and meal. D6 travel home



# Residential Section

## Criteria:

- 4 days and 5 nights away from home
- Doing a shared worthwhile activity with people you've never met before in the UK or abroad
- NCS 'shared programme' week counts as your DofE residential (as long as you didn't know anyone beforehand)

Examples: (conservation, service to others, activity based and learning)

- National Trust conservation project
- Volunteering at scout, brownie, cadets summer camps/jamb
- Learning to snowboard
- Taking part in a fields studies course





# Cost

## Covers:

- Cost of an AAP(qualified resource) for the expedition training, practice and assessment elements. Expedition travel costs, campsites and insurance
- All group expedition kit *(we do have some personal kit which can be loaned on a first come first serve basis)*
- Admin, management and support throughout the programme with monthly classroom sessions
- Participation place fee which covers enrolment with the DofE

## Withdrawal:

- Should participants later decide to withdraw from the programme, once registered the DofE registration cost is not refundable



# What do we expect

- Behaviour agreement
- Attend monthly sessions to help progress and complete the award
- All section planners submitted and started by practice exped with one section completed by assessment exped. Its their award, they own it.
- Respect equipment and others. Broken equipment will incur charges



# Next Steps

- An email will be sent out in the next week detailing enrolment and payment schedule. *(Please note that should we exceed our participant numbers we will need to go through a selection process/criteria)*
- Session and supporting material can be accessed via:
  - School website > Paperclip Icon(top right corner)>Students>DofE
  - youtube dofe channel
  - Online assessor reports
  - Google> DofE Programme Ideas
  - Google> DofE Activity logs



# What can you do to help?

- Ask questions. This is a team effort and we are on this journey together for the success of the participant.
- Contact me on:
  - [dukeofedinburgh@Davenant.org](mailto:dukeofedinburgh@Davenant.org)
  - 07940058551
- Encourage the participants to attend sessions to gain the best from the programme and achieve the required targets.
- Be patient with the process. There is a lot of logistics that go into making this work with our potential number around 180 for all awards
- This is a part time role and we will endeavour to reply. **I am available generally Tuesdays and Thursdays and expedition days**

