



After a year of hard work of trying and succeeding in most areas, the healthy schools team were rewarded for their effort. Mrs Lamb had booked a morning slot at Harlow outdoor activity centre in which we took part in high ropes, climbing swinging poles and a rather wet activity called Bungle.

While Mrs Lamb enjoyed watching the now rather wet and cold younger students jumping and somersaulting into the water, we encouraged each other to climb up trees and along poles, which accompanied a lot of shrieking and encouragement from those safely on the ground.



As the other group looking very pleased stopped to admire happily walking along had struggled with easy feat for Everyone pushed finish the course



jogged past shivering but with themselves Mrs Lamb the fact that Jerome was quite the beam that everyone else as he held the beam above - an someone over 6 feet tall!! themselves and managed to successfully.

The second part of the morning involved working as a team, we got to know the other students in the younger years and worked together to reach the tallest pole - it was not as easy as you would think though, due to the poles being connected by chains and moving continually. I can safely say that after climbing over each other and hoisting each other up that we have got to know our team members very well.



Overall the morning was a great success, we all had a great time and learned lots about each other. We had impressed Mrs Lamb so much by our support for everyone that we stopped off for lunch on the way back.